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# **Radiation Sickness and Poisoning**

### **Update on Homeopathic Treatment and Prevention**

With the increasing threat of radioactive contamination from damaged Japanese nuclear reactors, homeopaths continue to alert people to the homeopathic remedies used for either the treatment or prevention of radiation poisoning.

The problem is that people are becoming confused by the number of remedies recommended by different homeopaths.

### Why Are There Differences?

The truth is that there is not just one or two remedies that can help in this crisis - there are many.

The whole of homeopathic prescribing is based on the principle that a substance treats or prevents what it can also produce. (See <u>Tutorial 1: The Law of Similars</u>).

In the instance of radiation poisoning, all that has to be known for treatment to begin is which remedies, in their testing phase, produce symptoms similar to those of radiation poisoning. Those remedies can them be used with a reasonable degree of confidence for either protection against radiation sickness or treatment of it.

At Homeopathy Plus!, we have confined our suggestions to those remedies whose effects are also supported by research and/or confirmed with clinical successes as reported by doctors and physicians dealing with radiation exposure during the Great World Wars. (References regarding research and clinical usage of these remedies can be found in links at the bottom of this Alert.)

Those remedies include the following:

1. Cadmium iodatum (Cadm-i)

- 2. Cadmium sulphuricum (Cadm-s)
- 3. Phosphorus (Phos)
- 4. Strontium carbonicum (Stront-c)
- 5. X-ray

## Obtaining Remedies

There are several ways of obtaining remedies. Most homeopaths will be able to supply them to you and many natural health stores or pharmacies also carry a limited range of homeopathics. In some countries, homeopathic pharmacies supply direct to the public. Of the above, Phosphorus the most well-known remedies and likely to be the easiest to obtain.

### Instructions

**Protection:** Any one of the above remedies may be used along with other precautionary measures if under threat of radiation exposure. Take a dose of a 30C potency three times a day.

If a 30C potency is not available, use whatever potency is on hand, taking a more frequent dose for lower potencies (4-6 times a day) and a less frequent dose (1-2 times a day) for highter potencies.

Do not exceed 6 doses without guidance from your homeopath who will help you to adjust your frequency of dose according to the risk of exposure and your sensitivity to the remedy.

**Treatment:** If radiation sickness has developed, your homeopath is the best person to advise on treatment dosages and potencies as these will depend on the symptoms you are experiencing and their severity.

Do be aware that a larger range of remedies may be referred to for treatment as idiosyncratic reactions of the sufferer have to be taken into account for best results.

This is not the case for prevention - a smaller number of remedies is adequate.

If you are unable to contact a homeopath, the following three links have information to guide you on when and how to dose.

How Often Should I Take a Dose of My Remedy?

What to Expect (Part A)

What to Expect (Part B)

### More Information

The following articles were written for the treatment and prevention of radiotherapy and chemotherapy side-effects but the information and references they contain are just as useful for accidental radiation exposure and the current threat.

Preparing for Radiation

Homeopathy for Radiation and Chemotherapy Side-Effects

Two other useful articles that discuss more disaster and emergency remedies are:



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